










MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7	8	9	10	11	12	13
14 36 9H00-10H30 CMAL 14h00-16h00 CMAL	15 36 9H00-10H30 CMAL 14h00-16h00 CMAL	16 28 14h30-16h00 CMAL	17 28 1ST DAY OF CLASS 14h30-16h00 CMAL	18 25 15H00-16H45 CMAL	19 25 13H00-14H30 CMAL	20  13h30 @ peps
21 17H00 OFF ICE COND AT SLC	22 practice at CMAL 14h30-16h30 (8)	23 deadline for arrival of players at LHJMQ camps	24 Practice 14H30-16H00 (9) at CMAL official team list	25 Practice 15h00-16h45 (10) at CMAL	26  2017 PRE-SEASON EXHIBITION GAMES 18h00 @ CMAL	27  14h00 @ CMAL
28 17H00 OFF ICE COND AT SLC	29 practice at CMAL 14h30-16h30 (11) Off ice work 17h00	30	31 practice at CMAL 14H30-16H00 (12)			

SEPTEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1  Bus leaves @ 16h00 20h00 @ THETFORD	2  Bus leaves @ 9H00 14H00 @ ALMA	
4 LABOUR DAY	5 Practice at CMAL 14h30-17h00 (14) off ice work -17h00	6 WEIGHT TRAINING	7 Practice at CMAL 14h15-16h15 (15)	8 SEASON BEGINS  19H30 @ CMAL HOME OPENER	9	10  15H30 @ R CARON Bus leaves @ 11H00
11 WEIGHT TRAINING circuit training AT SLC 16H00 STUDY HALL	12 Practice at CMAL 14h30-16h30 (17) off-ice work 17h00	13 WEIGHT TRAINING	14 Practice at CMAL 14h15-16h15(18)	15 Practice at CMAL 15h15-16h45 (23)	16  14H00 @	17  14H00 @ CMAL
18 WEIGHT TRAINING circuit training AT SLC 16H00 STUDY HALL	19 Practice at CMAL 14h30-16h30 (16) off-ice work 17h00	20 WEIGHT TRAINING	21 Practice at CMAL 14h15-16h15 (17)	22 Practice at CMAL 15h15-16h45 (23)	23  BUS LEAVES @ 15H00 19H30 @ DAWSON	24 tournoi de golf Grand portneuf
25 WEIGHT TRAINING circuit training AT SLC 16H00 STUDY HALL	26 Practice at CMAL 14h30-16h30 (18) off ice work -17h00	27 WEIGHT TRAINING	28 Practice at CMAL 14h15-16h15 (19)	29  Bus leaves at 16h15 19H45 @ LAFLECHE	30	1  14h00 @ CMAL
					